

BARRDEN RIVER BARRDEN RIVER BARRDEN RIVER

SEPTEMBER 2023

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September is National Recovery Month...

National Recovery Month (Recovery Month), which started in 1989, is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible.

...and Suicide Prevention Month!

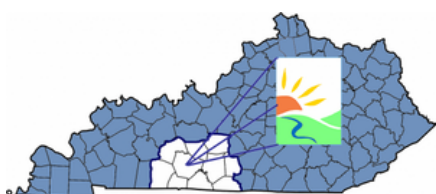
Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender or background. In fact, suicide is often the result of an untreated mental health condition. Suicidal thoughts, although common, should not be considered normal and often indicate more serious issues. September is Suicide Prevention Month — a time to raise awareness and discuss this highly stigmatized topic.

[Click here for Suicide Prevention resources!](#)

[Click here for Recovery Month resources!](#)

IS THERE AN IMPROVEMENT YOU WANT TO SEE AT BRDHD?

SUBMIT A QI FORM!



Barren River
DISTRICT HEALTH DEPARTMENT

Please submit articles for the newsletter to Olivia Harden at olivia.harden@barrenriverhealth.org
Submissions will be reviewed for approval.

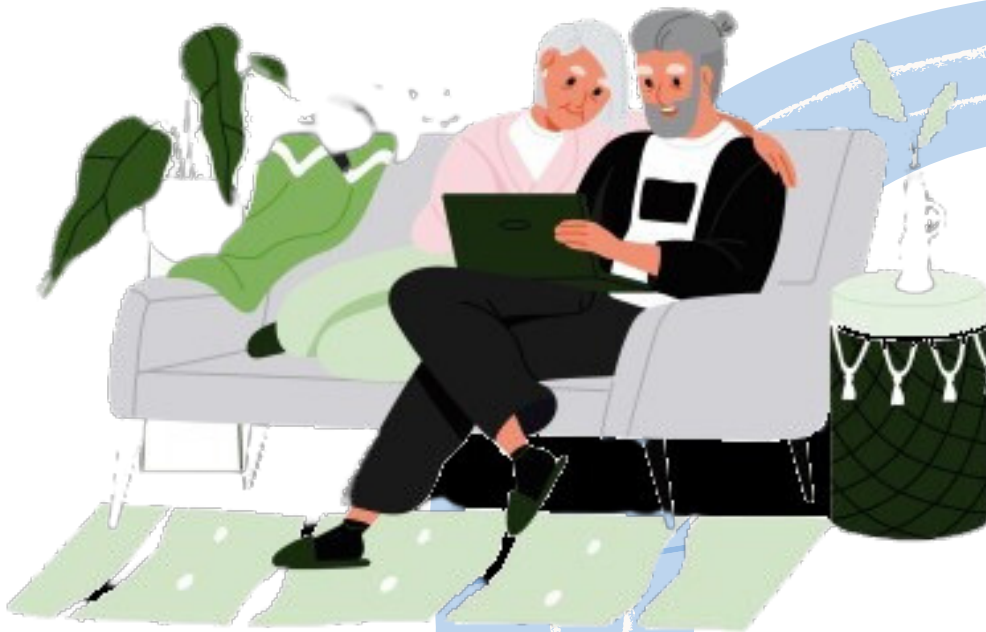
DISASTER PREPAREDNESS

SEPTEMBER IS NATIONAL PREPAREDNESS MONTH!

National Preparedness Month is an observance each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time.

The Ready Campaign's 2023 National Preparedness Month theme is "Take Control in 1, 2, 3". The campaign will focus on preparing older adults for disasters, specifically older adults from communities that are disproportionately impacted by the all-hazard events, which continue to threaten the nation.

Older adults may have specific needs after a disaster. Use the information on this page to assess the needs of older adults and take simple, low-cost steps for preparedness.



- 1** Know what disasters could affect your area, which could call for an evacuation, and when to shelter in place, and plan what you need to do in both cases.
- 2** Keep a NOAA Weather Radio tuned to your local emergency station and monitor TV and radio for warnings about severe weather in your area.
- 3** Download the FEMA app and get weather alerts from the National Weather Service for up to five different locations anywhere in the United States.

DISASTER PREPAREDNESS

ARE YOUR KIDS 'BACK TO SCHOOL' READY?

Disasters happen everywhere, and every member of the family can prepare. Preparedness for the future starts today. It is important for everyone no matter the age to be prepared in case an emergency occurs.

Preparing for disaster helps everyone in the family accept the fact that disasters do happen, and that they can do something about it. Families should work together to identify and collect the resources needed to meet basic needs during and after disaster. When people feel prepared, they cope better.

TALK & LISTEN



Calmly provide information about the disaster and plans for insuring their ongoing safety.

Involve your children in updating your family disaster plan and disaster supplies kit.

Practice your plan.



Involve your children by giving them specific tasks to let them know they can help restore family and community life.



Spend extra time with your children.

Re-establish daily routines for work, school, play, meals, and rest.



HANDS is accepting new referrals.

*Contact Tammy.Drake@barrenriverhealth.org
to learn more about the HANDS Program.*

BRDHD Job Openings

JANITORIAL WORKER

The Barren River District Health Department is accepting applications for a full time Janitor to work at the Warren County Health Department/District office. The minimum hourly wage is \$13.50.

PUBLIC HEALTH NURSE I

Responsibilities include clinical nursing for all clinical programs in Warren County and travel will be required to other counties as needed after training is complete. Minimum hourly wage is \$21.31 with a minimum requirement of an associate degree in nursing.

SUPPORT SERVICES ASSOCIATE

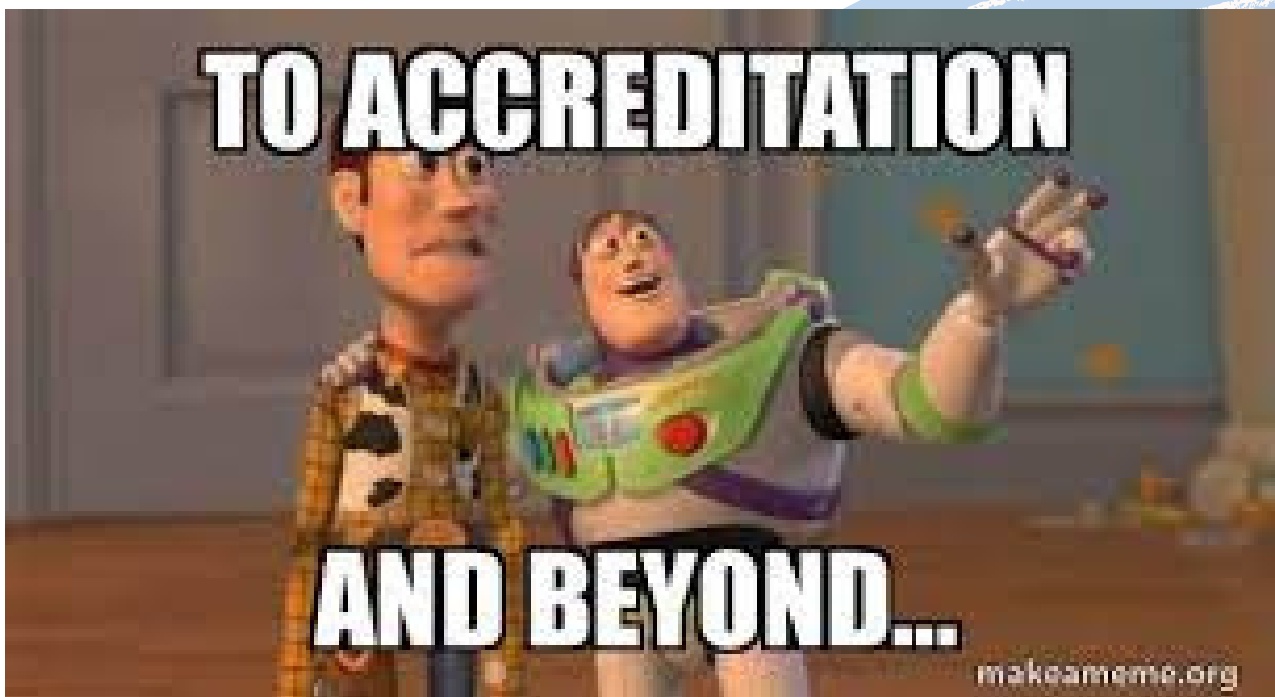
The Barren River District Health Department is accepting applications for one (1) full-time Support Services Associate I position to work at the Warren County Health Department. The minimum hourly wage is \$13.50.

Email Haley Hines if interested.

ACCREDITATION



The Public Health Accreditation Board (PHAB) is the national accrediting body for public health in the U.S. PHAB supports health departments to improve quality, accountability, and performance. There are 18 PHAB accredited local health departments in the state of Kentucky including BRDHD. 320 local health departments in the U.S. are accredited.



AS WE CONTINUE TO WORK TOWARD OUR NEXT REACCREDITATION YEAR, WE LOOK FORWARD TO IMPROVING AND BETTER SERVING BOTH OUR STAFF AND THE COMMUNITIES WE SERVE! THANK YOU BRDHD FOR DILIGENTLY WORKING WITH THE SQC TEAM TO COMPLETE TASKS RELATED TO ACCREDITATION. I WILL BEGIN POSTING UPDATES IN THE RUNDOWN OFTEN AS WE COMPLETE MILESTONES.

~ Amanda Reckard, Accreditation Coordinator

NEW FACES



Bradley Bankhead
Environmental
Simpson



Kacey Fortney
Diabetes Educator
District



Terri Kerberg
Sr. Support Associate
Barren



Sean Willoughby
Environmental
Warren

*Do you have pictures from BRDHD or wellness-related events?
Email Olivia at olivia.harden@barrenriverhealth.org !*

EMPLOYEE SPOTLIGHT

Selina Blick

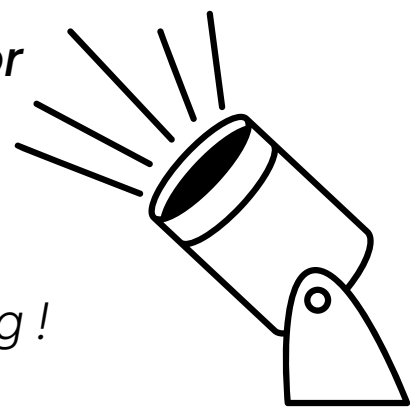


Selina is a health educator in Butler, Logan, and Simpson Counties! Selina is passionate about creating healthy communities and is always willing to help when needed. Next time you see Selina, tell her “You rock!” Her hard work is very much appreciated at BRDHD.



Want to nominate a coworker for employee spotlight?

Email Olivia at olivia.harden@barrenriverhealth.org !



COMMITTEES

For more opportunities to work across branch and county lines, all staff are encouraged to join a committee!

WELLNESS - CONTACT KATHY THWEATT

- Wellness Works
- Encourage healthy behaviors for staff
- Promote insurance perks

SAFETY - CONTACT MIKE BAXTER

- Incident review
- Ergonomics
- Building safety
- Identify needed trainings and support

SOCIAL - CONTACT OLIVIA HARDEN

- Birthdays
- Special events
- District-wide meeting activities
- Explore ways for staff to connect

RETENTION - CONTACT KIM FLORA

- Explore ways to improve employee satisfaction
- Incentives, acknowledgement, etc.
- Identify needed trainings and support

EQUITY - CONTACT INDIA MARTINEZ

- Promote ways to reach vulnerable populations
- Spread details of important community events
- Identify opportunities for equity within our policies and processes

QUALITY IMPROVEMENT - CONTACT SUSIE WILLIS

- Identify and work on agency-wide QI projects
- Learn new QI tools
- Spread the word about QI and current projects
- Teach new processes
- Identify needed trainings and support

DISASTER PREP - CONTACT JANARAE CONWAY

- Review, update and give input on preparedness plans
- Support accreditation (PPHR)
- Promote drills and update trainings
- Identify needed trainings and support



DIVERSITY, EQUITY & INCLUSION

THE DEI COMMITTEE IS CREATING AN INTERNAL DEI ASSESSMENT AND WANTS TO HEAR YOUR THOUGHTS!

- Topics/areas of concern
- Concepts you want measured
- Share your ideas or questions regarding an internal DEI assessment
- And more!



EMAIL INDIA
MARTINEZ YOUR
THOUGHTS!

OR JOIN
THE DEI
COMMITTEE!



UPCOMING MEETINGS!

District
Board of
Health

Oct. 30th @
12 PM

Local Board
of Health

Metcalfe: Sept. 12th
@ 12 PM

Simpson: Sept. 14th
@ 12 PM

Warren: Sept. 25th
@ 5 PM

BRIGHT Coalition

Sept. 12th
@ 11:30 AM
BRADD

OPEN HOUSES

*Simpson County
Health Department*

Sept. 21st

10 AM to 11:00 AM

Ribbon Cutting at 10:30 AM

*Metcalfe County
Health Department*

Oct. 24th

10 AM to 11:00 AM

Ribbon Cutting at 10:30 AM

Have you seen this year's
Community Impact Report?

[CLICK
HERE!](#)

Follow BRDHD on social media!



Barren River
DISTRICT HEALTH DEPARTMENT



BRDHD Website



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