

Barren River

DISTRICT HEALTH DEPARTMENT

Barren, Butler, Edmonson, Hart, Logan,
Metcalfe, Simpson, and Warren Counties



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**Topic: COVID-19 GUIDANCE FOR COMMUNITY
FOR IMMEDIATE RELEASE
4/30/2020-4/30/2020**

DISTRICT COVID-19 UPDATES

The Barren River District Health Department has confirmed 529 cases of COVID-19 in the Barren River District, 118 of which have recovered. Our district has eight deaths reported from COVID-19. We stand in solidarity with those affected during these difficult times. Please see the breakdown of numbers by county below.

COUNTY	CONFIRMED CASES	RECOVERED	DEATHS
Barren	16	5	0
Butler	102	23	5
Edmonson	32	6	0
Hart	7	2	0
Logan	10	8	0
Metcalfe	1	0	0
Simpson	26	15	2
Warren	335	59	1

In order to slow the spread of COVID-19, we must continue to follow recommendations provided by the CDC, the state, and Governor Andy Beshear. Practicing social distancing is the most important method for staying healthy. We urge Barren River residents to stay at home, and leave only for essential items such as groceries and medications. When possible, choose online ordering, delivery, and curbside pickup services to obtain these items.

Here are 10 steps to fight COVID-19 from Governor Andy Beshear:

- Stay healthy at home. Leave only for essential items such as groceries once a week.
- Avoid crowds and gatherings. Avoid crowds of any size, including home visits, recreational areas, or crowded shopping locations.
- Practice social distancing. Maintain six feet between yourself and others at all times.
- Know when to seek care. Follow the “When to Seek Care” guidelines available at <https://govstatus.egov.com/kycovid19>
- Stay up-to-date through reliable resources such as [KYCOVID19.KY.GOV](https://www.ky.gov/covid19) and [barrenriverhealth.org](https://www.barrenriverhealth.org).
- Wash hands and surfaces frequently. Use warm water and soap and wash hands for at least 20 seconds. Disinfect regularly used surfaces multiple times a day.
- Apply for benefits. Kentucky has expanded unemployment benefits. If you have not applied, visit [KCC.KY.GOV](https://www.kcc.ky.gov).
- Prioritize mental health. Seek out virtual social opportunities and maintain a daily routine.



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www.BarrenRiverHealth.org



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- Only travel for essential items. Avoid carpooling and public transit. The safest place for you and others is at home.
- Report non-compliance. If you see individuals or businesses not complying with COVID-19 guidelines, report to the KYSAFER hotline at 1-833-597-2337 or online at <https://secure.kentucky.gov/formservices/Labor/KYSAFER>.

For questions about COVID-19, call Kentucky's COVID-19 Hotline at (800) 722-5725, BRDHD's COVID-19 Information Line at 270-781-8039, visit www.barrenriverhealth.org/covid-19-information, or <https://govstatus.egov.com/kycovid19>.

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