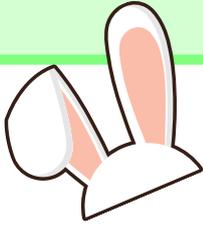


# Barren River Rundown



MARCH/APRIL 2022



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## DISASTER PREPAREDNESS Tornado Drill Results :

- Barren – 13 employees and 2 visitors; total 15
- Butler – 3 Staff and 1 client; total 4
- Edmonson – 4 employees and 1 client; total 5
- Hart – 4 employees, 2 clients; total 6
- Logan – 6 employees and 0 clients; total 6
- Metcalfe – 2 employees and 0 clients; total 2
- Simpson – 5 employees and 0 clients; total 5
- Warren – 58 employees, 1 client and 2 visitors; total 61
- Overall total – 104 participants



Tornado **WATCH** VS. Tornado **WARNING**

Tornadoes are possible in and near the watch area. Review and discuss your emergency plans, and check supplies and your safe room. Be ready to act quickly if a warning is issued or you suspect a tornado is approaching. Acting early helps to save lives!

A tornado has been sighted or indicated by weather radar. Tornado warnings indicate imminent danger to life and property. Go immediately underground to a basement, storm cellar or an interior room (closet, hallway or bathroom).

**HEALTHY COMMUNITY.  
HAPPY FAMILIES.**



**Barren River**  
DISTRICT HEALTH DEPARTMENT



Please submit articles for the newsletter to Jessica Wright at [Jessica.Wright@barrenriverhealth.org](mailto:Jessica.Wright@barrenriverhealth.org)  
Submissions will be reviewed for approval.

[Learn more about tornado safety at  
www.ready.gov/tornadoes \(click here\)](https://www.ready.gov/tornadoes)

[Click Here for Child Abuse Prevention Resources](#)



National Child Abuse Prevention Month

[www.NationalDayCalendar.com](http://www.NationalDayCalendar.com)

## What to Watch For

Here are some signs that a child may be in an unsafe situation:

- Withdrawal from friends or usual activities
- Changes in behavior such as aggression, anger, hostility, or hyperactivity or changes in school performance
- Depression, anxiety or unusual fears, or a sudden loss of self-confidence
- An apparent lack of supervision
- Frequent absences from school
- Reluctance to leave school activities, as if he or she doesn't want to go home
- Attempts at running away
- Rebellious or defiant behavior
- Self-harm or attempts at suicide



**Do you know a new or expecting parent who would could use an extra pair of hands? Click here for info on BRDHD's HANDS Program!**



**HANDS Program is always accepting referrals!**

Contact [Tammy.Drake@barrenriverhealth.org](mailto:Tammy.Drake@barrenriverhealth.org) to learn more about the HANDS Program

# WEDNESDAY, APRIL 6TH 2022, IS #SAFEPLACESELFIE DAY!

We are asking that all employees find the designated safe place in their building and take a #SafePlaceSelfie. The safe place would be the same one that employees gathered to for the tornado drill earlier in the month. After you have taken the selfie, please send those in to [ashli.mccarty@barrenriverhealth.org](mailto:ashli.mccarty@barrenriverhealth.org).



## APRIL IS NATIONAL FINANCIAL PREPAREDNESS MONTH:

Being prepared for a natural disaster or an emergency is very important. Sometimes when preparing we may tend to over look financial preparedness. Americans at all income levels have experienced the challenges of rebuilding their lives after a disaster or other emergency. Having access to personal, financial, insurance, medical, and other records is crucial for starting the recovery process quickly and efficiently.



Some great ways to ensure you are prepared at home is to store important documents either in a safety deposit box, an external hard drive, or on the cloud for easy access during a disaster. Documents to keep in a safe or safety deposit box include: household identification such as photo IDs, birth certificates, social security cards, pet ID tags and proof of vaccination, medical records, and insurance policies.



### TIP:

Keep important documents for each family member and pet in a small lock box that you can quickly grab in case of emergency evacuation. Choose a combination lock so you don't have to remember a key!

# PREPAREDNESS COMMITTEE MEMBERS WANTED:

The Preparedness Team is looking for interested employees to join us in planning for emergency responses. Committee members will assist in reviewing and updating our current plans by providing subject matter input. We are looking for each Branch and each county to be represented. If you are interested in Disaster Preparedness or want to learn more about the process, this is the committee for you. Email [Janarae.Conway@barrenriverhealth.org](mailto:Janarae.Conway@barrenriverhealth.org) to join!

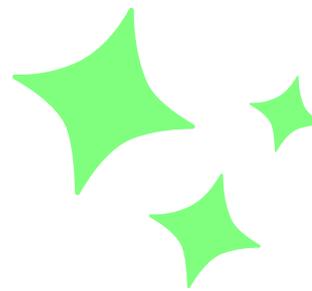


# ABOARD



## Josie Lee

Sr. Support Associate(Warren)



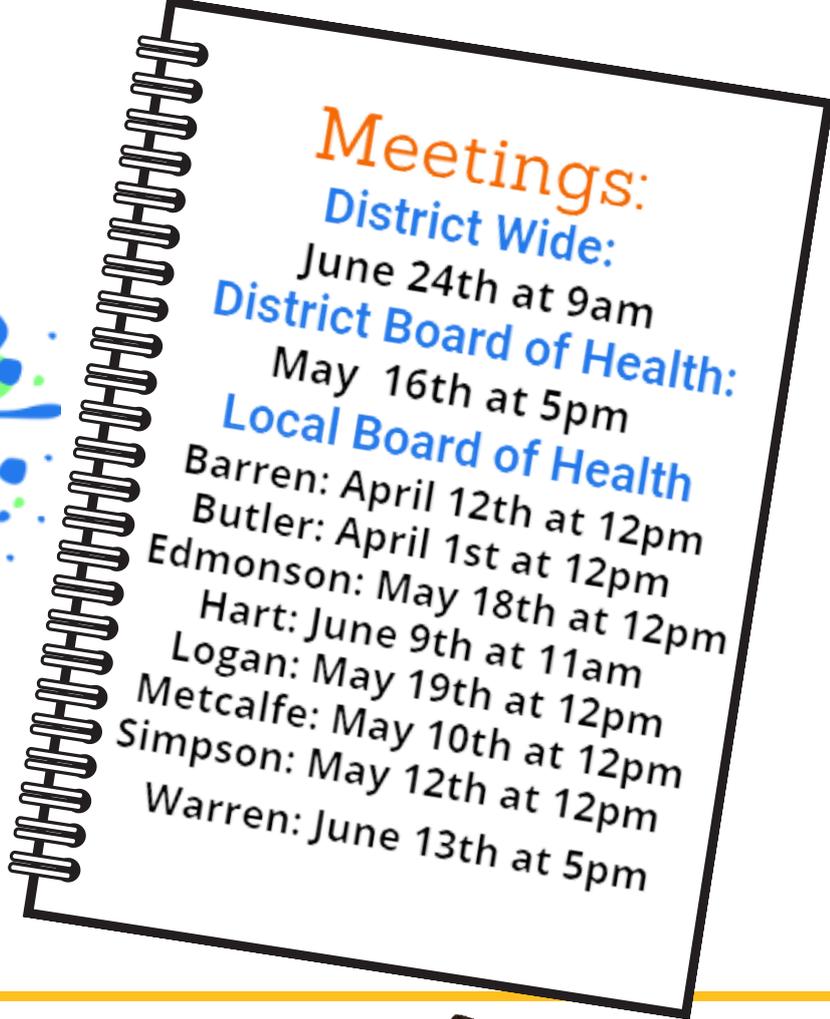
## Morgan Cornelius, RN

HANDS



# GO TEAM!

# UPCOMING EVENTS



**Meetings:**  
**District Wide:**  
June 24th at 9am  
**District Board of Health:**  
May 16th at 5pm  
**Local Board of Health**  
Barren: April 12th at 12pm  
Butler: April 1st at 12pm  
Edmonson: May 18th at 12pm  
Hart: June 9th at 11am  
Logan: May 19th at 12pm  
Metcalf: May 10th at 12pm  
Simpson: May 12th at 12pm  
Warren: June 13th at 5pm

## IT'S SURVEY TIME!!!

We want to make BRDHD a better place for you!  
Take the Workforce Culture Survey below:



[CLICK HERE](#)



We want your feedback.

### Last day to take BRDHD's Workforce Culture Survey!

Five survey respondents will receive 7.5 hours of PTO!  
Winner will be chosen randomly.

PREPAREDNESS COMMITTEE	QUALITY IMPROVEMENT COMMITTEE
<ul style="list-style-type: none"><li>• Be a subject matter expert to the preparedness and response branch</li><li>• Assist in reviewing and updating agency preparedness and response plans</li><li>• Influence future preparedness trainings</li></ul>	<ul style="list-style-type: none"><li>• Lead as a QI expert</li><li>• Give direct input on the agency QI Plan</li><li>• Track wins and learn from challenges</li><li>• Implement change throughout the health department</li></ul>

[APPLY TODAY!](#)



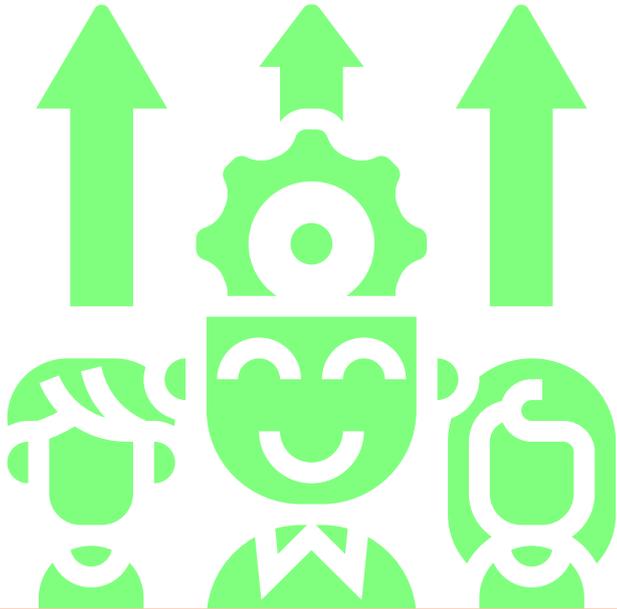
**DON'T FORGET**

**April 15th : 1/2 Day**

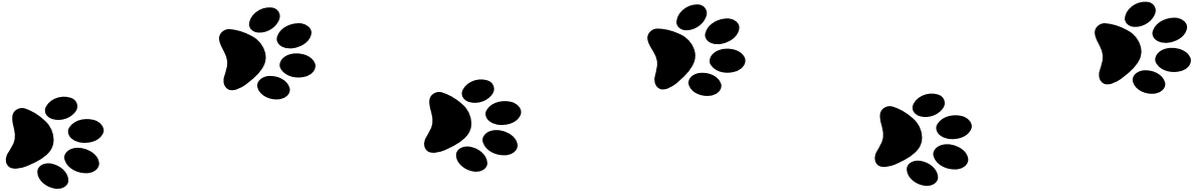


# QUALITY IMPROVEMENT/ACT TEAM

The ACT Team is here for you! Do you have an idea that would make your job easier? Is there an improvement this agency could make to better serve our community?



Let the ACT Team know!  
Submit your ideas here:



Hey Fur Parents! Send in photos of your fur babies (or even the ones with scales!) to show them off in the next edition of the Barren River Rundown. Send photos to [Jessica.Wright@barrenriverhealth.org](mailto:Jessica.Wright@barrenriverhealth.org).

Lets make people SMILE!



Follow BRDHD on social media!



**Barren River**  
DISTRICT HEALTH DEPARTMENT 

Click here to visit  
our website



Please submit articles for the newsletter to Jessica Wright at [Jessica.Wright@barrenriverhealth.org](mailto:Jessica.Wright@barrenriverhealth.org)  
Submissions will be reviewed for approval.